



Montessori Global Awards

Celebrating excellence in education

Our longstanding annual awards programme celebrates excellence in education worldwide. **The Montessori Global Awards recognise high-quality approaches to all kinds of education, highlighting those who have made a meaningful difference in their community.** We are proud that our awards are open to anyone working in education of any kind – from teachers and schools to community initiatives and social impact projects – all united by a commitment to inclusion, social and emotional learning, and supporting young people to thrive.

Today, we are delighted to share a piece by Helen Guntrip, founder of **Talk & Move**, the recipient of the **2025 Montessori Global Award for Most Impactful Early Years Resources**. In her article, Helen reflects on the philosophy, development, and impact of Talk & Move, exploring how its multisensory, inclusive approach supports the wellbeing, learning, and emotional regulation of young children while fostering strong partnerships between educators and families.

Talk & Move: Recognised with the 2025 Montessori Global Award for Most Impactful Early Years Resource



For Talk & Move to be recognised with the award for the Most Impactful Early Years Resources means so much.

*It acknowledges the key aim of the programme: **to impact the wellbeing and development of the whole child.** I am grateful to Montessori Global Education for giving this recognition to Talk & Move and the high-quality resources that accompany the programme.*



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Talk & Move: Most Impactful Early Years Resource 2025



Talk & Move is a unique approach that combines body movements with vocabulary, speech sound and phonological awareness development.

Different learning styles are supported through use of visual cards and gestures, whole body movement and spoken language.

My intention was that Talk & Move resources would reflect the programmes mission to promote multisensory learning and inclusivity that respects the individual development of every child.

The cards are intentionally user friendly for both educators and parents. They can be shared to create positive partnerships between education settings and home. Parents and educators both report that their children love using the cards and that they create opportunities for shared movement and connection. On one side of the card is a colourful picture which provides a visual aid to support children's learning. On the other side, is a reminder for the adult, of the move, sound, the syllables and rhyming words.

The cards can be used as a motivating activity with individual children, as a small group or whole class session.



Talk & Move: Most Impactful Early Years Resource 2025



The combination of active, balancing and calming moves in the programme are reflected in the card design. **They provide parents and educators with a range of ways to support children's emotional regulation.** The active moves energise children, the balancing moves provide an opportunity to develop focus and concentration, and the calming moves support rest and relaxation.

This achievement would not have been possible without the families, educators and children who have shared their opinions and experiences of using the Talk & Move programme. Their feedback has enabled the creation of impactful early years resources that are now being used throughout the U.K.

To extend the impact of the programme even further, online Talk & Move training is launching in 2026 so that children across the U.K. and beyond can benefit from this holistic approach.



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At Montessori Global Education, we are proud to recognise programmes like Talk & Move that place the whole child at the centre of learning. Initiatives such as this exemplify the kind of thoughtful, inclusive, and evidence-informed practice that creates lasting impact - not only within early years settings, but across families and communities.

Championing this work reflects our ongoing commitment to highlighting approaches that support children's wellbeing, nurture emotional regulation, and empower educators and parents to work in partnership so that every child can truly thrive.



→ To register your interest in training or resources contact helen@talkandmove.co.uk



→ See Helen's message upon receiving the Award and explore more child-centred learning resources in our Network:

<https://montessori-globaleducation.org/network/>



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